

# SEPTEMBER 2021

# ST. PATRICK'S

# LUNCH



Entrée choices daily:

Cheeseburger, Crispy Chicken Sandwich, and Yogurt Box.

1% Chocolate & White Skim Milk offered Daily

Fruit and Vegetable Bar offered daily.



**September is Whole Grains Month!** Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



Spicy Chicken Sandwich **1**  
Cheese Pizza  
Mixed Vegetables

Mini Corn Dog **2**  
Pepperoni Pizza  
Green Beans

Sloppy Joes **3**  
Cheese Pizza  
Candied Carrots

**Labor Day** **6**  
**NO SCHOOL**  
Menu Subject to change without Notice.

Soft Tacos **7**  
Pepperoni Pizza  
Corn

Pizza Crunchers **8**  
Cheese Pizza  
Tater Tots

Mac & Cheese **9**  
Pepperoni Pizza  
Peas

Turkey Sub Sandwich **10**  
Cheese Pizza  
Green Beans

Hot Ham & Cheese Sandwich **13**  
Cheese Pizza  
Corn

Country Fried Steak **14**  
Pepperoni Pizza  
Mashed potatoes and Brown Gravy

Beef & Bean Burritos **15**  
Cheese Pizza  
Refried Beans

Popcorn Chicken **16**  
Pepperoni Pizza  
Carrots  
Chocolate Chip Cookie

BBQ Rib Sandwich **17**  
Cheese Pizza  
Mixed Vegetables

Cheesy Bread & Marinara **20**  
Cheese Pizza  
Peas

Goulash & Garlic Bread **21**  
Pepperoni Pizza  
Green Beans

**First Day of Fall** **22**  
Hot Dog  
Cheese Pizza  
Baked Beans

Chicken Fajita **23**  
Pepperoni Pizza  
Steamed Broccoli

Meatball sub **24**  
Cheese Pizza  
Corn

Italian Dunkers **27**  
Cheese Pizza  
French Fries

Chicken Nuggets & a roll **28**  
Pepperoni Pizza  
Mixed Vegetables

BBQ Pulled Pork **29**  
Cheese Pizza  
Peas

**NO SCHOOL** **30**  
This institution is an equal opportunity provider.

