

# UPCOMING DATES

2022-2023 enrollment is now open to new families

- January 21st
  - Mission DDD (red shirt from the '21-'22 school year)
- January 24th
  - 8th grade science fair, 1:00pm (Cafeteria)
- January 27th
  - January/July Birthday Dress Down Day
  - 4-8th grade spelling bee, 1:45pm (Gym)
- January 28th
  - NO SCHOOL, staff in-service
- February 2nd
  - 1:00PM Dismissal

January 30-February 4th Catholic Schools Week!!

# ATHLETICS

Check out the new athletics website:

<https://stpatrikscatholicparish.teamsnapsites.com/>

## Soccer

Micro: <https://go.teamsnap.com/forms/298709>

Registration is open through Mar 11th, late fee registration until Mar 31st. (Grades: PreK-K)

CYSL: <https://go.teamsnap.com/forms/292526>

Registration is open through Feb 7th, late fee registration until Feb 15th. (Grades: 1st-8th)

## Preseason Track Camp

The Preseason Speed Camp will be conducted prior to the start of the St. Patrick's track season. Camp sessions are offered per the following schedule. (See flyer below)

Tuesdays - 2/15, 2/22, 3/1, 3/8 [5:45 to 6:45 PM]

Thursdays - 2/17, 2/24, 3/3, 3/10 [5:45 to 6:45 PM]

Saturdays - 2/19, 2/26, 3/5, 3/12 [11:30 AM to 12:30 PM]

# CATHOLIC SCHOOLS WEEK

St. Patrick's families we are still in need of families to volunteer for mass parts for our Catholic Schools Week masses on January 29th and 30th at all masses. We are asking all students to wear their uniforms to masses this weekend to kick off our special week.

<https://bit.ly/stpatscsw>

# COUNSELING COMMENTS

This week our elementary guidance lessons are focused on teamwork! Here is an overview of what we are learning:

Preschool-TK: Practice the phrase "You get a turn, I get a turn!"

Kindergarten: Everyone participates on a team! To be a great teammate we need to share, be generous, and be kind! Read the book "Pumpkin Soup" to review.

First Grade: Teamwork means we work together to reach a goal. Watch for a sheet coming home soon that they filled out for being a fair friend, self-controlled, and a good sport.

Second Grade: We can choose to build our friends up or tear our friends down. The best apology has three parts: "I'm sorry for...", "My actions made you feel...", and "Will you please forgive me!"

Third Grade: Every person has super human super powers! We use these to help other people in our life "teams." Watch for an illustrated and personal example coming home soon!

Fourth Grade: Being on a team means putting yourself in someone else's shoes. We created examples and played musical desks to practice this skill.

# COVID DASHBOARD

Date (Thurs-Wed)	Positive Students	Positive Staff	Quarantined Students	Quarantined Staff	Self-Monitoring Students/Staff Due To School Exposure	Self-Monitoring Students/Staff Due To Outside/Home Exposure	Pending Test Results
1/13/22 - 1/19/22	22	7	17	1	393 students / 25 Staff	30 students / 2 staff	2

## St Patrick's Track and Field Preseason Speed Camp

Powered by Athletes' Training Center

Your St Patrick's track coaches are proud to announce we have once again partnered with Athletes' Training Center Sports Performance and Physical Therapy, to help prepare our track athletes for the rigors of the upcoming season and to introduce them to a strength and conditioning program.

The Preseason Speed Camp will be conducted prior to the start of the St Patrick's track season. Camp sessions are offered per the following schedule:

Tuesdays - Feb 15, Feb 22, Mar 1, Mar 8	5:45 to 6:45 PM
Thursdays - Feb 17, Feb 24, Mar 3, Mar 10	5:45 to 6:45 PM
Saturdays - Feb 19, Feb 26, March 5, March 12	11:30 AM to 12:30 PM

You will have the ability to attend as many sessions that fit your schedule. Each session runs approximately 50 to 60 minutes.

All the camp each participant will practice:

- A Dynamic Warm-Up That Focuses on Mobility and Movement Preparation
- Running and Plyometric Drills to Build Speed, Efficiency and Power
- Speed and Strength Exercises to Prepare Athletes for Upcoming Season

Cost is only \$40 for the entire four-week camp (each athlete has a chance to attend up to 12 total sessions). Each session will be led by a certified strength and conditioning coach from Athletes' Training Center and each participant will receive a St Patrick's Preseason Speed Camp T-shirt provided by Midwest Impressions.

The Preseason Speed Camp is open to all 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> graders considering joining the St Patrick's track team.

All Preseason Speed Camp sessions will be held at Athletes' Training Center's west Omaha facility at 13609 Industrial Road, Omaha, NE 68137.

Register online at via the St Patrick's School WeShare Website

Have more questions? Contact one of our St Patrick's track coaches, either Coach Druke at ([brian.druke@kiewit.com](mailto:brian.druke@kiewit.com)) or Coach Fusco at ([cfusco@stpatsckhom.org](mailto:cfusco@stpatsckhom.org))

## MARIAN MIDDLE SCHOOL MATH CONTEST

Dear Principals,

Please share the information below with your school families and your junior high math teachers. Thank you for your support.

### All-Girls Math Contest

Saturday, Feb. 12  
8:45 a.m. - Noon  
Marian High School  
\$10 individual registration fee  
\$50 team registration fee

Sixth, seventh and eighth-grade girls only.

Like to problem solve? Put your skills to the test at our girls-only math contest. Students will take an individual math test, a team test, and do fun large group activities led by members of Marian's Math Club. Those who do not have a school team will be grouped together for the team test. The event concludes with an awards ceremony with door prizes and medals for top finishers.

- Plan to arrive by 8:45 a.m. for check-in
- Enter through the main entrance
- Masks required
- All students should bring #2 pencils
- Eighth-grade students should bring a calculator

For more information, contact Miss Megan Han at [mhan@omahamarian.org](mailto:mhan@omahamarian.org).

Register at [marianhighschool.net/middle-school-math-contest](http://marianhighschool.net/middle-school-math-contest).

Please register by Jan. 24, to ensure you receive a t-shirt. Late registrations will be accepted until Feb. 3.

# COMMUNITY EVENTS



**REGISTER HERE**

